

FREEHOLD AREA HEALTH DEPARTMENT

ANNUAL REPORT 2016



Working Hard to Keep You Healthy



Public Health
Prevent. Promote. Protect.

1 Municipal Plaza
Freehold, New Jersey 07728
(732) 294-2060

www.twp.freehold.nj.us/health

Dear Residents:

On behalf of the Freehold Area Boards of Health, we are pleased to present our Annual Report for 2016! As you recall, 2016 was a politically charged year that ended with a new President who is sure to promote change - both good and bad.

The Affordable Care Act (ACA) is a big subject of debate and, undoubtedly, we expect to see changes to the legislation via repeal and replacement. Like any law, the ACA has its benefits and setbacks and probably could use some "tweaking" here and there. But from a public health perspective, one of the major highlights of the law was the increased investment in **prevention**. Under the ACA, public health prevention programs were widely expanded and fully funded, giving people increased access to health care and prevention programs, while holding medical practitioners accountable for short-term patient health outcomes. The philosophy behind the prevention and accountability was a means to limit **preventable** medical costs. For example, if we diagnose Type II diabetes early and manage it, we avoid the long term complications such as heart disease, nerve damage and kidney failure for which the cost of care is far greater.

Yet, early diagnosis of a disease is not the only magic bullet to reducing the costs of medical care. Every day, the Freehold Health Department works to prevent the spread of contagious diseases by inspecting restaurants, recreational bathing places, tanning salons, and tattoo parlors. Those inspections prevent illnesses that require medical care, such as food borne infections, hepatitis, staphylococcus and more. By promoting and enforcing safe sanitary practices, we prevent disease and, ultimately, unnecessary medical costs.

We invite you to read our report and to take a look at the variety of activities and services that we provide to our communities. Please know that we take pride in keeping your community safe while providing top notch customer service to you, the residents.

Thank you for taking the time to see what we do.

Regards,

Robin Lemesevski, Chair
Freehold Township Board of Health

William Madden, Chair
Freehold Borough Board of Health

Kathy Stryeski, DVM
Upper Freehold Township Board of Health

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WHAT IS PUBLIC HEALTH?



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WHAT IS PUBLIC HEALTH?

The Freehold Area Health Department and the three Boards of Health are governed by the Public Health Practice Standards of Performance for Local Boards of Health in New Jersey, N.J.A.C. 8:52. Inherent duties and responsibilities are summarized in the three Core Public Health Functions and the Ten Essential Public Health Services.

CORE PUBLIC HEALTH FUNCTIONS

- Assess and monitor the health of communities and at-risk populations to identify health problems and priorities.
- Formulate public policies with community and government leaders to address local and national public health problems and priorities.
- Provide all populations with access to appropriate and cost-effective care, including health promotion, disease prevention and follow-up evaluation.



GOVERNANCE



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GOVERNANCE



Freehold Township

Committee Members 2016

Barbara McMorow, Mayor
Lester Preston, Deputy
Anthony Ammiano
Thomas L. Cook
David M. Salkin

Board of Health Members 2016

Robin Lemesevski, Chair
Fabio Apolito, DMD, V. Chair
Gail Reilly, MD, Secretary
Eileen Allen, RN, MSN, FN-CSA
Anthony Ammiano, Liaison
Michael Chudkowski
Alene Opatut, DVM
Lisa Porth, AAS, RRT, NPS
Michele Weissman, RN-BC



Borough of Freehold

Council Members 2016

Nolan Higgins, Mayor
Sharon Shutzer, President
Michael DiBenedetto
Ron Griffiths
Kevin Kane
George Schnurr
Jaye Sims

Board of Health Members 2016

William M. Madden, Chair
William McGonigle, DDS, V. Chair
Diane D'Anna
Ellen Kane, RN, BNS, CPAN
Kevin Kane, Liaison
Gregory Jewel, DVM
Vicki Warnock, MSN,



Upper Freehold Township

Committee Members 2016

Stanley Moslowski, Jr., Mayor
Robert Frascella, DDS, Deputy
Stephen Alexander
Robert Faber
LoriSue Mount

Board of Health Members 2016

Kathleen Stryeski, DVM, Chair
Nancy Amontis, RN, Vice Chair
Curtis Byrnes, MD
John Grun
George King
James Rosenbauer
LoriSue Mount, Liaison

ADMINISTRATION



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DEPARTMENT OVERVIEW

The Board of Health's primary responsibility is to protect the health of the citizens and to guard against the spread of contagious diseases. Other than the Township Committee, the Board of Health is the only other governing body that has the authority to adopt policy and pass ordinances relating to its specific activities. The Public Health Practice Standards of Performance for Local Boards of Health, N.J.A.C. 8:52, adopted in February 2003, designate specific activities to be performed by all Boards of Health. The 16 subchapters address Essential Public Health Services, public health practice, administration, staff competencies, nursing, health education and performance evaluation.

The Boards of Health oversee the Freehold Area Health Department which enforces policies and provides services as deemed necessary by the Boards.



DEPARTMENT OVERVIEW

What Does Your Health Department Do?

- ✓ **Protects you from health threats.** We work hard to prevent disease outbreaks and make sure the food you eat, the water you drink, and the air you breathe are all safe. We are also ready to respond to any health emergency – be it bioterrorism, a natural disaster or a new infectious disease.
- ✓ **Educates you and your neighbors about health issues.** We provide you with information that helps you make healthy decisions, like exercising more, eating right, quitting smoking, and washing your hands to protect yourself from communicable diseases. During a public health emergency, we also provide important alerts and warnings to protect you and your family.
- ✓ **Provides healthy solutions.** Your health department assures that you have access to preventive care to avoid disease and maintain your health.
- ✓ **Advances community health.** We advocate and develop new policies and standards that address existing and emerging challenges to your community's health while enforcing a wide range of laws to keep you safe. We support research and staff training to maintain expertise and assure the delivery of up-to-date, cutting-edge public health programs.



MISSION & VALUES



MISSION

The mission of the Freehold Area Health Department is to assure the provision of an array of public health services to the residents of Freehold Township, Freehold Borough and Upper Freehold Township, thereby, protecting and promoting the physical and mental health of citizens and preventing disease and injury.

VISION

The Freehold Area Health Department promotes health, prevents disease and protects the residents that we serve, and we believe that a healthy community is a valuable and desirable community. By continually assessing and responding proactively to the needs of the communities, the citizens we serve will value our role in helping them to achieve optimum health, thrive in the community and be empowered to make appropriate choices that will result in healthier generations to come.

VALUES

- ✓ We strive to bring honesty, commitment and consistency to the work that we perform.
- ✓ We want fairness, compassion and patience to be the hallmark of our services.
- ✓ We want our “customers” to see us as knowledgeable, compassionate, courteous, accommodating and efficient.
- ✓ Organizationally, we find value in resolving problems, helping people, and seeing a return on our investment of time and effort.
- ✓ In management, we look for fairness, loyalty, connectedness, consistency and approachability

DEPARTMENT OVERVIEW

Staff

Margaret Jahn, MS, MPH – Health Officer

Licensed Health Officer, A-100544

Licensed Registered Environmental Health Specialist, A-100544

Jeffrey Palatini – Principal REHS

Licensed Registered Environmental Health Specialist, B-101434

Lee Westcott – Senior REHS (P/T)

Licensed Registered Environmental Health Specialist, B-101758

Julie Kramer, MPH – REHS/Administrative Assistant

Licensed Health Officer, A-100491

Licensed Registered Environmental Health Specialist, A-100491

Margaret Karl – REHS

Licensed Registered Environmental Health Specialist, B-102402

Andrea Trozzi – REHS

Licensed Registered Environmental Health Specialist, B-136293

Certified Municipal Registrar, CMR2689

Lauren Mann – Alliance Coordinator

Brett Nance – Health Educator/Communicable Disease Investigator (P/T)

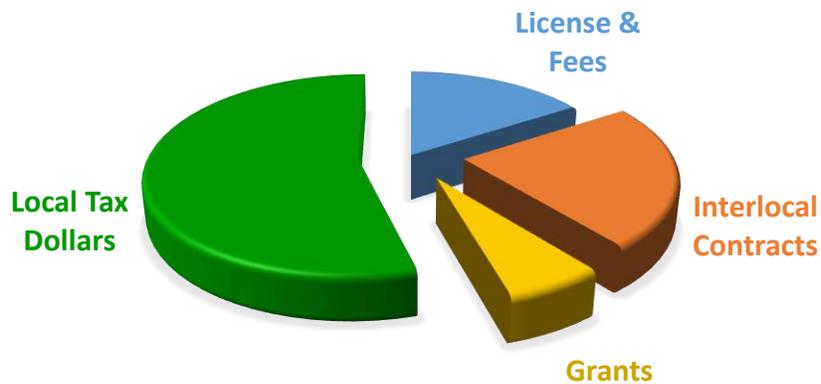
Certified Health Education Specialist, 24802



2016 FISCAL YEAR

The Health Department operates under the Freehold Township municipal budget and comprises 1.5% of the total municipal expenditures. Public health services are provided to Freehold Borough and Upper Freehold Township via shared services agreements. Below is a breakdown of revenues and expenditures for fiscal year 2016.

REVENUES \$ 322,139 + \$ 384,638 (local tax)



EXPENDITURES \$ 706,777



SERVICES



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SERVICES WE PROVIDE

Adult immunizations (flu and pneumonia)
 Air pollution complaints
 Animal bite and quarantine enforcement
 Assurance of safe drinking water
 Bioterrorism and emergency response
 Body art facility inspections
 Campground inspections
 Certification of wells and septic systems
 Child care center inspections
 Childhood lead poisoning investigations



Hazardous material incidence response
 Infectious disease investigations
 Lab sampling of food, wells and surface waters
 Noise control
 Occupational health complaint investigations
 Ordinance and policy recommendations
 Pet shop and kennel inspections
 Public health nuisance complaint investigations
 Public pool and spa inspection and enforcement
 Rabies inoculation clinics for cats and dogs



Community health education
 Community health fairs
 Control of insect vectors of disease
 Control of rodent vectors of disease
 Coordination of animal control services
 Dog and cat licensing
 Emergency response (24/7)
 Enforcement of state and local regulations
 Environmental complaint investigation
 Food-borne illness outbreak investigations



Radon testing and education
 Retail food inspections, training and plan review
 School immunization audits
 Septic system plan reviews and inspections
 Site plan and subdivision reviews
 Soil and site evaluation for septic systems
 Substance abuse prevention
 Tanning Salon Inspections
 Tuberculosis control
 Youth camp safety inspections

PARTNERSHIPS



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PARTNERSHIPS

PUBLIC HEALTH NURSING



Homecare and community-based services that integrate public health nursing practice are provided by the Visiting Nurses Association Health Group. Nursing services provide support to the operations of Freehold Health Department and to the delivery of the 10 Essential Public Health Services. Public health nursing activities include programs and interventions that relate to the uninsured, underinsured, immigrant, indigent and other vulnerable populations for all three municipalities.

2016 ESTIMATED NUMBER OF RESIDENTS SERVED

	NUMBER OF RESIDENTS	NUMBER OF VISITS
Home Visitation and Early Childhood Programs		
Nurse Family Participants	31	83
Healthy Families Program	12	170
Parents as teachers (PAT)	13	70
WIC Supplemental Nutrition	2269	2269
Special Child Health Services	952	1190
Improving Pregnancy Outcomes	128	128
Public Health Nurse Visits + Child & Parent Program		
Children w/ Lead	4	5
Mom & Baby Visits	1	1
TB Direct Observed Therapy (DOT)	2	14
Other Programs		
Cancer Ed. & Early Detection (CEED)	47	183
Mobile Outreach Clinic	44	73
Senior Wellness	61	216

PARTNERSHIPS

Clinic

Local Boards of Health must assure access and linkages to needed healthcare and preventive healthcare services for economically-disadvantaged populations. Both Freehold Township and Freehold Borough provide public health clinic services to the uninsured via an agreement with the Paul McGuire Family Health Center. Services include health promotion, assistance in the prevention and control of communicable diseases and maintenance of health and wellness of the uninsured.



ESTIMATED NUMBER OF RESIDENTS SERVED IN 2016

PATIENTS	NUMBER OF RESIDENTS
New	65
Total Visits	648
ADULT HEALTH – SCREENING	
Cervical Cancer	14
Mammogram Referrals	5
Hypertension	19
Vision	3
Diabetes Risk Assessments	6
HIV	0
Tuberculosis	0
Other	292

Health Consortium

The Freehold Area Health Department participates in the Monmouth Regional Health Consortium, an interlocal agreement among health departments for the sharing of specialized public health services such as communicable disease investigations and health education. In addition, the Department shares an XRF Lead Analyzer which is used for lead poisoning investigations.



PARTNERSHIPS

Health Promotion

The Freehold Health Department maintains a contract agreement with **CentraState Healthcare System** to assist in providing comprehensive health education and promotion programs to the residents of the greater Freehold area. All programs are overseen by the Director of the Health Awareness Center, are culturally and linguistically appropriate based on area demographics and population served.



ESTIMATED SUMMARY OF AREA RESIDENTS SERVED IN 2016

Program	Freehold Twp & Boro	Upper Freehold
Substance Abuse Prevention	4694	825
Nutrition Awareness	2478	649
Physical Fitness	895	244
General Health Education	1750	985
Diabetes Education	291	94
Glucose Screenings	552	284

ACTIVITIES



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ACTIVITY SUMMARY

ACTIVITY	FT	FB	UF	TOTAL
Body Art Inspections	-	1	-	1
Camp Inspections	4	1	1	6
Consultations	2	1	2	5
Emergency Response	9	3	-	12
Environmental Complaints	31	7	12	50
Env. Complaints Follow-up	29	7	16	52
Food Complaints	51	4	5	60
Food Inspections	226	101	36	363
Food Permits Issued	232	121	-	353
Food Plan Review	7	3	-	10
Food Pre-opening Inspections	29	11	1	41
Food Re-inspections	24	13	3	40
Immunization Audits	22	6	4	32
Immunization Re-audits	7	3	-	10
Kennel Inspections	5	-	2	7
Lead Investigations	-	7	-	7
Misc. Inspections/ Activities	15	16	27	58
Mobile Food Inspections	12	3	1	16
Nuisance Complaints	32	5	7	44
Nuisance Follow-up	36	6	6	48
Pool Inspections	26	1	4	31
Pool Pre-opening Inspections	20	1	2	23
Pool Re-inspections	3	-	-	3
Septic Checks	55	1	78	134
Septic Inspections	66	16	210	292
Septic Permits Issued	28	1	70	99
Septic Plan Review	24	1	53	78
Septic Repair	1	-	1	2
Soils Evaluation	24	1	38	63
Subdivision & Site Plan Review	24	-	3	27
Tanning Inspections	7	-	-	7
Water Sample Reviews	49	-	86	135
Well Investigations	-	-	2	2
Well Permits Issued	2	1	36	39
TOTAL	1102	342	706	2150

COMPLAINTS SUMMARY

COMPLAINT	FREEHOLD TWP	FREEHOLD BOROUGH	UPPER FREEHOLD	TOTAL
Animal	5	-	-	5
Environmental	38	5	14	57
Food	53	4	3	60
Nuisance	45	12	4	61
Other	7	4	3	14
TOTAL	148	25	24	197

Notices of Violations: 22

Summonses Issued: 14



COMMUNICABLE DISEASE

The Freehold Area Health Department is responsible for keeping the communities we serve free from disease. We monitor disease trends, respond to disease outbreaks and prevent the spread of infectious disease.

2016 HIGHLIGHT

The Freehold Area Health Department investigated 18 cases of Pertussis associated with an outbreak in a local high school between November 21st, 2015 and April 6th, 2016.

Our staff partnered with the school nurse and New Jersey Department of Health regional epidemiologist to identify potentially exposed individuals, perform contact tracing, and classify cases based on epidemiologic information.

The investigation resulted in 5 confirmed cases, 2 probable cases, and 11 individuals considered “not a case.” The age of all confirmed cases ranged from 15 to 17 years, with an average age of 16.4 years.

NUMBER OF INFECTIOUS DISEASES INVESTIGATED

TOWN	2016	2015	2014
Freehold Borough	51	54	44
Freehold Township	202	188	145
Upper Freehold	37	32	28
TOTAL	290	274	217



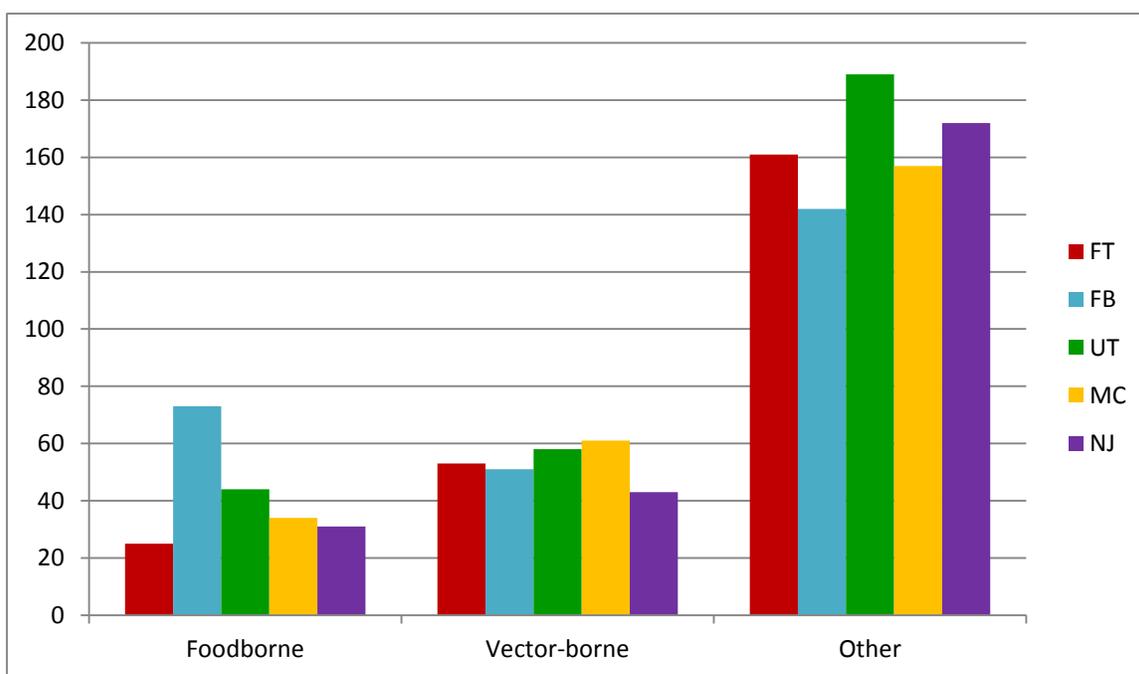
COMMUNICABLE DISEASE

DISEASE TRENDS 2016

Incidence Rates of Selected Diseases Per 100,000 Population

DISEASE	FT	FB	UT	MC	NJ
Babesiosis	8.3	25.0	14.5	3.8	1.7
Campylobacteriosis	8.3	0	14.5	14.5	12.3
Hepatitis C - chronic	66.8	58.4	87.1	73.1	90.9
Lyme disease	44.5	25.0	43.5	55.3	37.7
Pertussis	13.9	0	14.5	2.7	3.2
Salmonella	8.3	33.3	29.0	13.4	11.8

SELECT CATEGORIES OF DISEASE INCIDENCE PER 100,000 POPULATION 2016



ANIMAL CONTROL

Many local health departments in New Jersey oversee animal control services. Both Freehold Township and Freehold Borough contract with Western Monmouth Animal Control for animal services and the health department is responsible for coordinating the services. In addition to animal control, the health department inspects kennels, pet shops and animal shelters to ensure that these facilities are operating in compliance with sanitation, safety and animal welfare rules. Most importantly, the health department is responsible for rabies control which includes pet licensing and animal bite investigations.

COMPLAINT TYPE	FT	FB	UT
Dog Complaint	37	27	5
Dog at Large	52	35	5
Dead Dog Pick Up	6	0	0
Injured/ Sick Dog	0	2	0
Lost/found	35	18	1
Cat Complaints	74	50	4
Dead Cat Pick Up	19	6	0
Injured/ Sick Cat	13	11	2
Lost/found	52	22	0
Farm Animals	3	5	2
Wild Animals	81	36	7



RABIES CONTROL

ANIMAL BITE INVESTIGATIONS

<u>EXPOSURES</u>	<u>NUMBER</u>
Dog	48
Cat	8
Bat	9
Raccoon/Skunk	2
Other	4
Total	71



TESTS FOR RABIES

Total Referred:	19
# Positive:	1

RABIES CLINICS

MONTH	# DOGS	# CATS	TOTAL
January (FT)	212	21	237
September (FB)	19	5	35
TOTAL	245	26	272



PET LICENSING

1-Year Licenses Issued:	717
3-Year Licenses Issued:	449

HEALTH EDUCATION

Health education occurs throughout all health department programs, with a focus on providing education and health promotion services that help the public make informed decisions about their health. Health education programs and activities help the community achieve a healthier lifestyle and promote healthy behaviors.

The Freehold Area Health Department contracts with an independent health educator to coordinate the departmental health education needs and develop the Mayor's Wellness Campaign.

Mayor's Wellness Campaign

In 2016, improved community collaborations and outreach in Freehold Township and Freehold Borough spurred an expansion of programs in health education.

The **Employee Wellness Program** grew significantly in both the number of participants and with the type of programs offered. Yoga classes were offered on site in Town Hall on Monday evenings in both the Spring and the Fall. A smoking cessation program was also offered to employees of which eight people from the Department of Public Works participated. The program was medically based and facilitated by a counselor from CentraState Health Awareness Center. In addition, a number of lunch and learns were provided to assist employees with managing stress and eating well. Program evaluations indicate the employees have enjoyed these offerings and we hope to continue to expand wellness opportunities.

Efforts to improve **Youth Wellness** resulted in a partnership with the Freehold Learning School in Freehold Borough. The health department facilitated the use of the School Health Index, an 8-module CDC assessment tool assessment that looks at school policies and environmental issues impacting the health and wellness of students and staff. An evaluation report summarized the outcomes and provided insight on how the school can improve the health of the students and staff.

During 2016, the Freehold Township Mayor's Wellness Council began work on a new initiative that focuses on advocating for environmental and/or policy changes to improve **Community Wellness** by increasing access to physical activity. A partnership with the Neighborhood Preservation Commission was forged to increase walk/bike access to historical sites in Freehold. Long term goals for this initiative are lofty and require additional grant funding. Grant opportunities were explored and will continue as plans continue to develop.



2016 SPONSORED PROGRAMS & PARTNERSHIPS

- ✓ Freehold Township Mayor's Wellness Campaign:
 - 6 total group meetings
 - Video content for website created with support of CentraState and Freehold Township IT department
 - Facebook page content increased with intern support
 - Media spokesperson contest

- ✓ Freehold Township Employees
 - Focus on Wellness Program
 - Stress Management Lunch and Learn
 - Nutrition as Healthcare Lunch and Learn
 - Follow up Screening/Health fair
 - Employee Yoga Class – Weekly throughout winter/spring
 - Smoking Cessation Program
 - Walk Around America Challenge

- ✓ Freehold Township Senior Center
 - Wellness Program Luncheon
 - Lunch with Mayor Series
 - Promotion of Monmouth County Special Needs Registry





Mayor's Wellness Campaign



2016 SPONSORED PROGRAMS (continued)

- ✓ Events/Health Fairs:
 - Senator Jennifer Beck Health Fair
 - Freehold Township Day
 - Freehold Learning Center Elementary School
 - Employee Wellness Health Fair
 - Fit Family Night

- ✓ Freehold Learning Center
 - CDC School Health Index (SHI) Assessment
 - Follow up evaluation and guidance for programming and wellness committee next steps
 - Health Fair support/participation

- ✓ Walkability Project
 - Partnership formed with the Historic Preservation Commission
 - Presentation to Township Committee

- ✓ Sponsored Interns
 - Katina Loizos – Rowan University
 - Lauren Petraglia – Rowan University



2016 HIGHLIGHT

The Mayor's Wellness Council partnered with the Historic Preservation Commission and began exploring opportunities to better connect area historical sites via walk and/or bike route. Residents will have the opportunity increase physical activity while learning about the rich history of Freehold Township!



ALLIANCE TO PREVENT SUBSTANCE ABUSE

In January 2008, the Substance Abuse Prevention Program and the Freehold Municipal Alliance to Prevent Substance Abuse (Alliance) merged with the Freehold Area Health Department. Today, the Alliance remains a joint Board whose members are comprised of citizens and professionals from both Freehold Borough and Freehold Township. The Alliance exists to meet the need for comprehensive, coordinated substance abuse awareness planning and programming for the residents of Freehold. In addition, the Freehold Alliance conducts needs assessments, produces an annual prevention plan and advocates for enhanced prevention services based on community needs and priorities.

Through the Drug Enforcement and Demand Reduction Funds (D.E.D.R. grant), the Freehold Health Department provides a coordinator for the Alliance activities. Responsibilities include grant administration, program planning and the facilitation of monthly meetings and fund-raising events.



Vaping and marijuana vaping have become popular with both middle school and high school youth in Freehold.



ALLIANCE TO PREVENT SUBSTANCE ABUSE

2016 Programs

- ✓ Botvin Lifeskills Training
- ✓ Middle School Billboard Contest
- ✓ Current Drug Trends Training Sessions for Parents and Students
- ✓ E-Cig/Vaping Training for High School Peer Leaders
- ✓ High School Speakers
- ✓ Student's Night Out Workshop
- ✓ New Jersey Peer to Peer
- ✓ Problem Identification and Referral
- ✓ Community Mobilization Events



2016
HIGHLIGHT

In 2016, the Alliance sponsored a new program called “Hidden in Plain Sight.” At both Barkalow Middle School and Freehold Intermediate School, a retired Drug Enforcement Agent, Doug Collier, educated parents and educators about what to look for in their child’s room, book bags, vehicles and other places that may signal involvement in risky behavior. In addition, parents were able to inspect items that double as hidden compartments for drug paraphernalia.

EMERGENCY PREPAREDNESS AND RESPONSE



When natural or man-made disasters occur, local health officials must respond with police, fire, and other public safety individuals to assure effective public health response, communication and mitigation. Health department officials are available for emergencies 24 hours a day, 7 days a week for 365 days of the year. We frequently respond to immediately reportable diseases, hazardous spills, gas leaks, power outages, and fires occurring in retail food establishments. We are called for anything that potentially affects the health of our residents.

On July 1, 2016, power was lost to select retail food establishments in Freehold due to storm damage. On July 5, 2016, seven establishments were evaluated to determine temperature controls, other food protection steps and emergency actions taken by operators. In all cases, temperature dependent foods were moved to alternate refrigeration, sealed in freezers with temperature monitoring and two facilities used temporary generators onsite.

Based upon the extended power interruption of greater than 6 hours, the operators were all informed of the violation of N.J.A.C 8:24-8.6 – failure to contact the health department upon emergency condition. A notice was provided that written emergency plans are required and failure to contact the health department upon emergency conditions will provide grounds for food embargo and municipal summons.

2016 HIGHLIGHT

NON-
COMPLIANCE

SUMMONS

ENFORCEMENT

WORKFORCE DEVELOPMENT



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WORKFORCE DEVELOPMENT

N.J.A.C 8:52-8 and Essential Service #8 require that local Boards of Health maintain a competent public health workforce by providing continuing education, training, and leadership development activities to staff members. In addition, we are required to recruit, train, develop, and retain a diverse staff. Below is a list of employees and continuing education activities performed in 2016.

Margaret Jahn, Health Officer (33.50 CEU)

NJDOH Winter 2016 Communicable Disease Forum – Webinar
 Laying the Groundwork for Quality Improvement and Performance Management: Tools to Enhance your Health Department
 An overview of E-cigarette Use, Product Perceptions, Communication and Policy Issues
 Open Forum for Quality Improvement in Public Health
 Pills to Heroin: NJ’s Public Health Epidemic
 Zika Virus Workshop: What should you do to prepare for and respond to Zika Virus?
 Infectious Disease Training Series for New Jersey Local Health Departments
 Enhancing LHDs sense of Efficacy in Responding to Infectious Disease Emergencies

Jeffrey Palatini, Principal REHS (26.75 CEU)

Laying the Groundwork for Quality Improvement and Performance Management: Tools to Enhance your Health Department
 A Coordinated Response to Food Emergencies: Practice and Execution (PER-273)
 NJ Health Care Coalition Ebola Facilitated Discussion/TTX and Limited Functional Exercise
 Risk Communication
 Hurricane Preparedness

Lee Westcott, Senior REHS (24.00 CEU)

Spring 2016 Communicable Disease Forum – South Region
 Mold, IAQ and IH Sampling Workshop
 Psychological First Aid
 Community Noise Enforcement Recertification
 NJEHA Annual Educational Symposium/General Membership Meeting

Julie Kramer, REHS/Administrative Assistant (16.25 CEU)

Spring 2016 Communicable Disease Forum – Central Region
 Zika Virus Workshop: What should you do to prepare for and respond to Zika Virus?
 Communicable Disease Investigator Training
 Fall 2016 Communicable Disease Forum – Central Region

Margaret Karl, REHS (17.50 CEU)

The Revised Total Coliform Rule

Wawa Quality Assurance

Raising the Bar in Environmental Health: Tools for Team Building and Driving Change in Your Organization

Mold, IAQ and IH Sampling Workshop

Communicable Disease Investigator Training

Hurricane Preparedness

Andrea Trozzi, REHS (36.75 CEU)

REHS Examination 2015

The Revised Total Coliform Rule

Wawa Quality Assurance

Raising the Bar in Environmental Health: Tools for Team Building and Driving Change in Your Organization

Certified Pool Operator

Mold, IAQ and IH Sampling Workshop

Lauren Mann, Alliance to Prevent Substance Abuse Coordinator (12 CEU)

Cultural Competency

Self-Care for the Prevention Specialist

Brett Nance – Health Educator/Communicable Disease Investigator (19.75 CEU)

Infectious Disease Training Series for New Jersey Local Health Departments

Enhancing LHDs Sense of Efficacy in Responding to Infectious Disease Emergencies

Zika Virus Workshop: What should you do to prepare for and respond to Zika Virus?

Communicable Disease Investigator Training

NJDOH Summer 2016 Communicable Disease Forum – Webinar



WORKFORCE DEVELOPMENT

INTERNSHIPS

The Health Department believes in developing the next generation of public health workers. We are dedicated to providing opportunities for training and acquiring experience to young professionals and students. This year, we accepted two undergraduate interns from Rowan University to voluntarily work with our staff, and one graduate student from Rutgers University School of Public Health to complete his practicum-based fieldwork project.

Our 2016 Interns



Katina Loizos

Rowan University

As an undergraduate student in Rowan University's Health Promotion & Fitness Management major, Katina completed a 6 month internship with the health department. Her duties included developing content for the Mayor's Wellness Campaign Facebook Page, planning and facilitating an "Eat Right, Future Bright" lunch and learn, and creating a work out session which was filmed for Freehold's local television station.



Lauren Petraglia

Rowan University

As an undergraduate student in Rowan University's Health Promotion & Fitness Management major, Lauren completed a 6 month internship with the health department. Lauren created Facebook posts for the Mayor's Wellness Campaign Facebook Page for a full calendar year, as well as planned, implemented and evaluated the "Walk across America" wellness program for Freehold Township employees. She also assisted with the employee wellness program for the teachers and staff of Freehold Learning Center.



Alvin Yanza

Rutgers University School of Public Health

As a Master of Public Health Candidate at Rutgers University School of Public Health in the Department of Environmental and Occupational Health, Alvin completed a 400 hour practicum-based fieldwork experience with the Health Department. The purpose of his study was to examine Freehold Township Health Department's existing safety and health plan in specific to a job hazard analysis. The study aimed to assess gaps in the program and provide recommendations regarding personal protective equipment use for specific job functions.

QUALITY IMPROVEMENT



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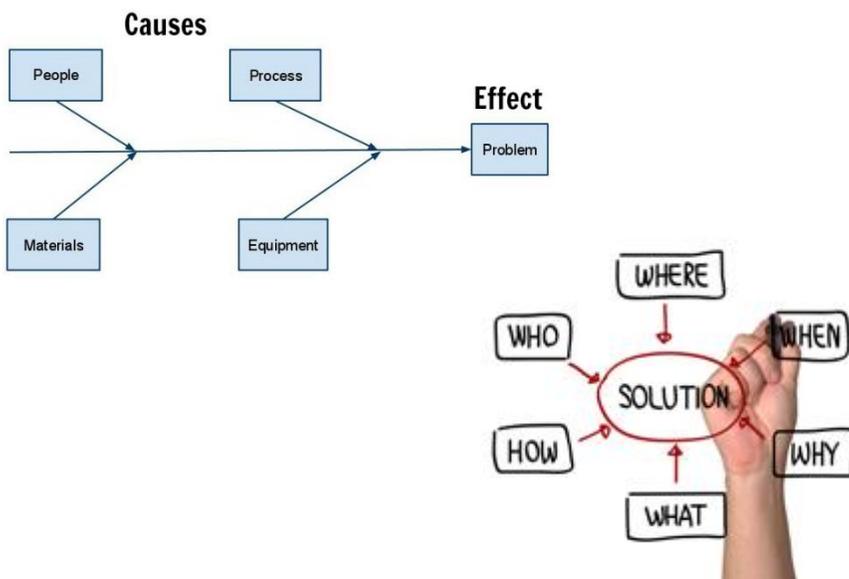
QUALITY IMPROVEMENT ACTIVITIES

Emergency Preparedness for Food Establishments

- ✓ A fishbone diagram was utilized to brainstorm issues relating to the verification of proper emergency response by food establishments in an emergency event (power failures, floods, etc.) This process helped staff define and understand the causes associated with the issue, and identify actions steps needed in order for the department to confirm proper activation of an emergency plan.

Local Health Department Self-Assessment

- ✓ The department is dedicated to a self-assessment process using the Public Health Accreditation Board Standards. These standards are the required level of achievement that a health department is expected to meet and are organized into 12 domains – groups of standards that pertain to a broad group of public health services. The department is approaching the self-assessment process in such a manner that all employees are knowledgeable, involved, and engaged.



PHAB 12 Domains

Based on Core Functions of Public Health & Ten Essential Public Health Services



FUTURE INITIATIVES



Public Health
Prevent. Promote. Protect.



FUTURE INITIATIVES



Continue organizational alignment with PHAB accreditation standards

- ✓ Develop a written workforce plan
- ✓ Participate in the development of an updated Community Health Improvement Plan for Monmouth County

Choose performance management measures and explore available tools for monitoring

Participate and help to expand the Neighborhood Connections coalition

- ✓ Develop Blueprint for Action
- ✓ Begin plan implementation