



Rec Happenings

2015

Township Committee

Thomas L. Cook, Mayor
Anthony J. Ammiano, Deputy Mayor
Barbara J. McMorrow, Committeewoman
Lester A. Preston, Committeeman
David M. Salkin, Committeeman

Recreation Commission

Maureen Fasano, Chairwoman
John Cerrato, Vice-Chairman
Chad Cagan, Esq.
Linda Jaye Molee, D.M.D.
Joseph Musolino
Chris Novella
Jennifer Boutote-Patten
Raymond Santiago, Esq.
Alan Walker

Superintendent
Parks and Recreation
Sue McGough

Recreation Office 732-294-2190
Recreation Fax 732-866-6637
Park Maintenance 732-294-2194
Senior Center 732-294-2029
Senior Fax 732-683-0879

Location: Michael J. Tighe Park
65 Georgia Road
Freehold, NJ, 07728

Mailing: Freehold Twp. Recreation
1 Municipal Plaza
Freehold, NJ 07728

Program Updates/
Weather Cancellation Hotline
732-294-2198

Visit our website:
www.freeholdtownshiprec.com

Patriot Wrestling Club

The program will be paced for all participants' skill and grade levels, from "beginner" to "advanced." **Limited to 40 participants.**
Equipment Required: Wrestling shoes and head gear.

Boys & Girls Grades K - 5

Location: Freehold Twp. High School Wrestling Gym
(entrance on left side of the building)

Times: 6:30 p.m.—8:00 p.m.

Dates: Mondays & Tuesdays,
November 30, 2015—February 23, 2016

Matches will be held on various Thursdays for all participants.
(20 Classes) No Classes on 12/21, 12/22, 12/28, 12/29, 1/18 & 2/15

Program Fee: Includes Singlet and T-Shirt

Residents \$120.00 Non-Residents \$160.00

Information inside for:

Instructional Basketball

Youth Basketball

High School Basketball

Men's Open Gym



Register online at www.freeholdtownshiprec.com.

Coed Preseason Basketball Clinic

A five week program run by former Freehold Township High School
Varsity and Junior Varsity Girls' Basketball Coaches,
John Sciarappa and John Sciarappa Jr.

Boys & Girls Grades 3-8 Tuesdays; 7:00 p.m.—8:30 p.m.
Participants will be grouped by age and ability.



Location: Barkalow Middle School Gym
Dates: September 29, October 6, 13, 20 & 27
Program Fee: \$80.00 Residents Only



Limited to 70 participants.

Freehold Township Skate Park Beginning September 22nd

Under the Lights
Tuesday
Wednesday
Thursday
10 a.m. to 8 p.m.

WEATHER PERMITTING



- Skateboards ONLY!
No bicycles, scooters or inline skates.
Spectators must remain outside fenced area.
- Helmets, with safety strap securely fastened, REQUIRED.
- Pads and safety gear recommended.
- No Food, Glass or breakable objects permitted.
- No outside ramps or obstacles permitted.
- Graffiti/Vandalism will result in prosecution.

SKATE AT YOUR OWN RISK!



Fall Street Hockey
COMING SOON!
Emails will be sent out
the end of September!

INSTRUCTIONAL BASKETBALL (FREEHOLD TWP. RESIDENTS ONLY)

Boys and girls will learn the fundamentals of basketball: passing, shooting, dribbling, and teamwork. In addition, the 2nd grade program will combine instruction and play. **SPACE IS LIMITED TO 25 CHILDREN PER CLASS. AVAILABILITY IS ON A FIRST COME, FIRST SERVE BASIS.**

Birth certificates are required.

Registration begins on Monday, September 21st at 8:30 a.m.
Registration submitted before September 21st will be returned.

Location: Laura Donovan School Gym
Times: 1st Grade 8:45 a.m.—9:45 a.m.
1st Grade 10:00 a.m.—11:00 a.m.
2nd Grade 11:15 a.m.—12:15 p.m.
2nd Grade 12:30 p.m.—1:30 p.m.
2nd Grade 1:45 p.m.—2:45 p.m.
Dates: Saturday, December 5, 2015—February 27, 2016
(No Class on 12/26, 1/2 & 2/13)
Program Fee: \$90.00 Residents Only



YOUTH BASKETBALL—BOYS & GIRLS (FREEHOLD TWP. RESIDENTS ONLY)

Location: Various Freehold Township School Gyms
Dates: Program begins Saturday, December 6th and runs through mid March
(No games on 12/26, 1/2 & 2/13)
Program Fee: \$110.00 thru October 29th \$125.00* after October 29th
* **based upon league availability.**

**Registration for Youth Basketball after October 29th will be based on league availability.
No registration will be accepted after Friday, November 6th.
Special Requests will **NOT** be accepted.
No changes will be made for practice conflicts, coaching requests or car pooling.**

Grades 3-4 Non-Competitive

There will be no draft for this league. Players will be notified of team assignments the week of November 16th.

Grades 5-8 Competitive

There will be NO grading session for this program. League drafts will be held the week of November 16th. Participants will be notified of team assignments by November 20th.

**Once a league's draft is held:
NO additional players will be assigned to any team and NO REFUNDS WILL BE GIVEN!**

COED HIGH SCHOOL BASKETBALL LEAGUE (RESIDENTS, FHS OR FTHS STUDENTS)

All levels of play are welcome. A draft will be held the week of December 14th.

Location: Barkalow & West Freehold School Gyms
Dates: Mondays & Tuesdays; January 4 thru mid March 8, 2016
Games are at 6:40, 7:50, & 9:00 p.m.
Program Fee: \$110.00 thru December 1st
\$125.00 after December 1st based upon league availability

Deadline is Wednesday, December 9, 2015 at 4:00 p.m.

ADULT OPEN GYM— 18 & OVER (PHOTO ID CARDS REQUIRED)

18 & OVER Open to Residents ONLY.

"Pick-up" style basketball. Participants must have an Adult Open Gym Photo ID which must be presented upon arrival to the gym. For your convenience, ID Photos will be taken on Tuesday, November 17th & Thursday, November 19th when you arrive at the gym and cards will be distributed the following week. If you miss these photo sessions it will be your responsibility to obtain your ID at Michael J. Tighe Park, Monday - Friday, 8:30 a.m. - 4:30 p.m. Replacement card fee is \$5.00.

Make-up sessions are based upon gym availability and are not guaranteed.

Location: Eisenhower School Gyms
Time: 6:30 p.m. – 9:30 p.m., Tuesdays & Thursdays
Dates: 11/17 – 3/10 (PROGRAM WILL NOT BE HELD WHEN SCHOOLS ARE CLOSED)
No Gym on 11/26, 12/24, 12/29, 1/7, & 1/12.
Program Fee: \$70.00 Residents

SKI CLUB

(BOYS & GIRLS GRADES 4—12)

Open to Residents and Non-Residents

Ski six consecutive Sundays at Shawnee Mountain Ski Resort.

Different ski packages offered for all abilities. Charter bus service included in package price.

FOR: Boys and Girls, Grades 4-12
WHEN: Sundays; January 3—February 7, 2016
TIME: Departure: 6:45 A.M. Return: 6:00 P.M.
LOCATION: Depart/return at Michael J. Tighe Park

<u>FEE:</u>	<u>Ski or Snowboard</u>
Lift Only	\$410.00
Lift/Lesson	\$470.00
Lift/Rental	\$480.00
Whole Package	\$530.00



ALL PARTICIPANTS ARE REQUIRED TO WEAR A HELMET

Mandatory Parent & Participant Ski Meeting
Wednesday, December 2, 2015 at 7:15 p.m.
At Michael J. Tighe Park Activity Center.

FALL Exercise Classes

OPEN TO RESIDENTS AND NON-RESIDENTS

★ All Classes need a minimum of 8 participants to run. Please be courteous by registering at least 1 week in advance of the class start date so classes do not have to be postponed or cancelled. ★

YOGA –Instructor: Cheryl Mauro

Yoga Classes will be held at Michael J. Tighe Park Activity Center.



Tuesday Morning
 WHEN: September 22—December 8
 (11 Classes)
 FEE: \$66.00
 TIME: 9:30 a.m.—10:30 a.m.
 Michael J. Tighe Park Act. Center
 (No Classes on 11/3)

Thursday Morning
 WHEN: September 17—December 10
 (11 Classes)
 FEE: \$66.00
 TIME: 9:30 a.m.—10:30 a.m.
 Michael J. Tighe Park Act. Center
 (No Class on 10/22 & 11/26)



PILATES –Instructor: Tracy Matino

Pilates Morning Classes will be held at the Senior Center at 116 Jackson Mills Road.

Pilates is a method of body conditioning through strengthening and stretching exercises. It strengthens and tones muscles, improves posture, provides flexibility and balance, unites body and mind, and creates a more streamlined shape. Participants should bring a mat to every class. Participants may bring an exercise band as well.

Monday Morning
 Location—Sr. Center
 WHEN: September 21—December 7
 (12 Classes)
 FEE: \$72.00
 TIME: 9:30 a.m.—10:30 a.m.

Monday Evening
 Location—MJT Activity Center
 WHEN: September 21—December 7
 (12 Classes)
 FEE: \$72.00
 TIME: 6:45 p.m.—7:45 p.m.



Friday Morning
 Location—Sr. Center
 WHEN: September 18—December 11
 (10 Classes)
 FEE: \$60.00
 TIME: 9:30 a.m.—10:30 a.m.
 (No Class on 10/2 & 11/6)
 The following dates to be held in MJT Activity Center.
 9/18, 10/23, 11/20, 12/4



**YOU CAN REGISTER ONLINE AT:
 WWW.FREEHOLDTOWNSHIPREC.COM**



Happy Halloween Dance Party

Friday, October 23, 2015

Join us at the Freehold Township Senior Center from 5:00 to 8:00 p.m.

\$3.00 per person

Children 10 and under with their parents are invited to a spooktacular night

Featuring:

Music & Dancing

Cookies & Juice

Photo Ops in multiple Halloween Scenes

All children must come in costume and will receive a
goodie bag.

Due to space restrictions, no strollers will be permitted inside the Senior Center.

Limit: 200 participants.

Registration is available at www.ftrec.com or
in the Recreation Office located at Michael J. Tighe Park.

For more information call the Recreation office at 732-294-2190.

HO, HO, HO!

Merry Christmas!

Join us on Friday, December 4th from 6:30 –8:30 p.m.

At Freehold Township's Senior Center

For Freehold Township Parks and Recreation's first annual

Santa's Dance Party

*Children, ages 1—9, and their parents
are invited to a fun-filled night*

featuring:

Holiday Music

Dancing

Juice and Cookies

Photo Ops with Santa and Mrs. Claus!

*A professional photographer will be on-site
for photos with Santa and Mrs. Claus*

Cost: \$ 1.00 for each 4" x 6" photo

Registration is available on

www.ftrec.com.

Cost: \$3.00 per person

Space is limited and available on a first come, first serve basis.



Freehold Township Senior Center is located at 116 Jackson Mills Road.



Freehold Township Parks & Recreation

Holiday Programs



Santa's Calling

Santa is checking his list of Freehold Township's boys and girls. He will be making phone calls to children in the area on

**Monday
December 7, 2015**

between 6:00 p.m. and 8:30 p.m.
Due to Santa's busy schedule your child must be home to receive his call at the selected time.



There are 3 ways to register for a phone call.

1. Fill Out form and mail it to Freehold Twp. Recreation, 1 Municipal Plaza, Freehold, NJ 07728
Attn: Santa's Calling
2. Fill Out form and drop it off at the Recreation Office located at Michael J. Tighe Park, 65 Georgia Road
3. Register online at www.freeholdtownshiprec.com.

Winter Wonderland Workshop

Wednesday, December 9, 2015

4:00 p.m. to 7:00 p.m.

At the Freehold Township Senior Center

\$15.00 per house

PRE-REGISTRATION REQUIRED!

Register online at www.freeholdtownshiprec.com or in the Recreation Office

located at

Michael J. Tighe Park.

Individuals will decorate a chocolate house with icing, candy, and other yummy edibles!

Register in Office or Online at www.ftrec.com.



Freehold Township Senior Center

116 Jackson Mills Road, Freehold NJ 07728

Phone: 732-294-2029

Any adult, age 55 and older, may become a member
of the Senior Center for \$18.00 per year.

To learn more, schedule a walk through today!

UPCOMING EVENTS

OCTOBER 6 - SPEAKER, NURSING STUDENTS, 11:15 A.M. (*Free*)

OCTOBER 7 - SPEAKER, PUMPKIN PAINTING, 11:00 A.M. (*Free*)

OCTOBER 8 - COLUMBUS MARKET TRIP, 9:30 A.M., \$5.00

OCTOBER 13 - FLU CLINIC, 10:00 - 12:00 NOON, (*Free*)

OCTOBER 14 - LAKESIDE MANOR TRIP - OCTOBERFEST, 10:00 A.M., \$50.00

OCTOBER 21 - SPEAKER, LUNCH & BINGO, 11:30 A.M. (*Free*)

OCTOBER 23 - HALLOWEEN SOCIAL, 11:30 A.M., \$12.00

NOVEMBER 3 - NO CLASSES - ELECTION DAY

NOVEMBER 4 - SPEAKER, PAIN MANAGEMENT, 11:00 A.M. (*Free*)

NOVEMBER 5 - LANCASTER TRIP, 9:00 A.M., \$35.00

NOVEMBER 7 - CRAFT FAIR, 10:00 A.M. TO 4:00 P.M.

NOVEMBER 11 - SPEAKER, MEMORY, 10:30 A.M. (*Free*)

NOVEMBER 12 - DELICIOUS ORCHARD STRIP, 9:30 A.M., \$5.00

NOVEMBER 18 - SPEAKER, STROKE - RISK FACTORS, 10:30 A.M. (*Free*)

NOVEMBER 18 - HUNDERDON HILLS PLAYHOUSE TRIP- HOLIDAY
MUSICAL REVUE, 9:30 A.M., \$70.00

NOVEMBER 20 - THANKSGIVING SOCIAL, 11:30 A.M., \$12.00

NOVEMBER 26 & 27 - CLOSED - THANKSGIVING

DECEMBER 2 - SPEAKER, 10:30 A.M.

DECEMBER 3 - CLOSING AT 1:30 P.M. - HOLIDAY DECORATING

DECEMBER 4 - CLOSED—SANTA DANCE PARTY

DECEMBER 11 - HOLIDAY SOCIAL, 11:30 A.M., \$12.00

DECEMBER 23 THRU JANUARY 1 - CLOSED FOR THE HOLIDAYS



CRAFT FAIR

Saturday, November 7th, 2015

10:00 a.m.—4:00 p.m.

at the

Freehold Twp. Senior Center

116 Jackson Mills Road

Freehold, NJ 07728

20+ local vendors
showcasing
jewelry, art, sewn creations and
other types
of homemade gifts.

Start your holiday shopping early!

For more information call 732-294-2029.