



RECREATION HAPPENINGS

2016

Township Committee

Barbara J. McMorrow, Mayor
Lester A. Preston, Deputy Mayor
Anthony J. Ammiano
Thomas L. Cook
David M. Salkin, Committeeman

Recreation Commission

John Cerrato, Chairman
Alan Walker, Vice-Chairman
Chad Cagan, Esq.
Maureen Fasano
Linda Jaye Molee, D.M.D.
Joseph Musolino
Chris Novella
Jennifer Boutote-Patten
Raymond Santiago, Esq.

**Superintendent
Parks and Recreation
Sue McGough**

Recreation Office 732-294-2190
Recreation Fax 732-866-6637
Park Maintenance 732-294-2194
Senior Center 732-294-2029
Senior Fax 732-683-0879

Location: Michael J. Tighe Park
65 Georgia Road
Freehold, NJ, 07728

Mailing: Freehold Twp. Recreation
1 Municipal Plaza
Freehold, NJ 07728

Program Updates/
Weather Cancellation Hotline
732-294-2198

Visit our website:
www.freeholdtownshiprec.com

Summer Camp 2016



June 27 through August 12th

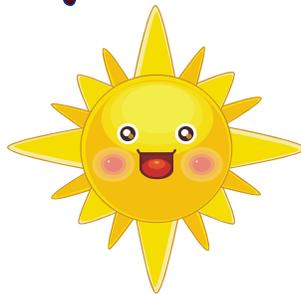
Registration is available in the Recreation Office
or online at www.freeholdtownshiprec.com.

EARLYBIRD DEADLINE THURSDAY, MARCH 17TH!

	Resident	Non-Resident
Regular Hours (9:00 a.m.—3:00 p.m.)	\$825	\$985
Morning Care (7:00 a.m.—3:00 p.m.)	\$1,050	\$1,210
After Care (9:00 a.m.—6:00 p.m.)	\$1,125	\$1,285
Full Day (7:00 a.m.—6:00 p.m.)	\$1,300	\$1,460

Bus transportation is available on a first come, first serve basis.
Deadline for guaranteeing bus: April 15, 2016
RESIDENTS ONLY! Fee: \$250.00 per camper

1/2 Day "REC RUNTS"



Summer Camp Program
(Subdivision of Kiddie Camp)
For children age 3 by June 15, 2016
Residents \$300.00
Non-Residents \$350.00

Look inside for more information on
Summer Camp, REC RUNTS and Sports Camps!

SUMMER CAMP REGISTRATION INFORMATION

Freehold Township Recreation Summer Camp registration packets are available online at www.freeholdtownshiprec.com.

Full payment and completed registration packet must be received by the **Recreation Office** no later than 4:00 p.m. the day of the deadline to receive that tiered pricing. Applications received after 4:00 p.m. will be marked with the following day's date. **Be advised that changes to the program; i.e., adding early, late, or full hours to a registration, will result in the fee charged for that tiered program.** For example, enrolling a camper in the early bird regular program and then changing to the early, late, or full program on May 12th (Tier II) will result in the Tier II fee being charged for the camper's registration.

Registrations received via the mail will be marked on the date the Recreation Office receives the completed packet. The Recreation Office is not responsible for any applications lost in the mail.

Registrations received with incomplete information, including medical information and/or first time camper birth certificates, will not be processed or marked as "received" until all forms are completed. First time campers must include a copy of their birth certificate with their completed packet.

Registration: March 18 – May 5, 2016

Payment must be made in full at time of registration by May 5, 2016.

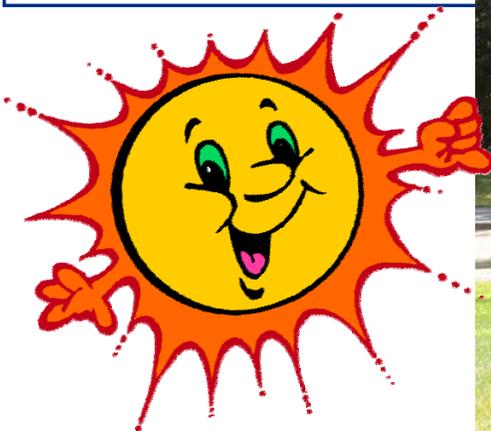
		<u>Resident Fee</u>	<u>Non-Resident Fee</u>
Regular	(9 a.m. - 3 p.m.)	\$ 985.00 per child	\$ 1,145.00 per child
Early	(7 a.m. - 3 p.m.)	\$ 1,210.00 per child	\$ 1,370.00 per child
Late	(9 a.m. - 6 p.m.)	\$ 1,285.00 per child	\$ 1,445.00 per child
Full	(7 a.m. - 6 p.m.)	\$ 1,460.00 per child	\$ 1,620.00 per child

Late Registration: May 6 – June 10, 2016

will be accepted based upon camp availability.

Payment must be made in full at time of registration.

		<u>Resident Fee</u>	<u>Non-Resident Fee</u>
Regular	(9 a.m. - 3 p.m.)	\$ 1,145.00 per child	\$ 1,305.00 per child
Early	(7 a.m. - 3 p.m.)	\$ 1,370.00 per child	\$ 1,530.00 per child
Late	(9 a.m. - 6 p.m.)	\$ 1,445.00 per child	\$ 1,605.00 per child
Full	(7 a.m. - 6 p.m.)	\$ 1,620.00 per child	\$ 1,780.00 per child



“Rec Runts”

1/2 Day Summer Camp Program for children 3 years of age by June 15, 2016

A subdivision of the Kiddie Camp Program.

FOR: Boys and Girls 3 years of age by June 15, 2016.
Participants must be potty trained.
Program registration is limited and available on a first come, first serve basis.
The ORIGINAL birth certificate must be produced when registering.

LOCATION: Michael J. Tighe Park, 65 Georgia Road, Freehold, NJ 07728
Office Hours are 8:30 a.m. to 4:00 p.m.

CAMP DATES: June 27 to August 12 (Monday - Friday, 7 weeks)
CAMP WILL BE CLOSED ON JULY 4TH.

TIME: Hours: 9:00 A.M. – 12:00 P.M.

FEE: \$ 300.00 residents
\$ 350.00 non-residents

REFUNDS: \$100.00 of each registration is **non-refundable!**
After Monday, June 1, 2016, there are NO refunds for this program

PARENT INFORMATION: “Rec Runt” information will be emailed to all parents in late May.

WHAT CAMPERS NEED FOR CAMP:

- ◆ Campers must wear sneakers. No flip flops or sandals.
- ◆ Snack– Camper’s must bring a light snack; i.e., fruit, yogurt, jello/pudding cup, etc. to camp daily. No glass bottles! The camper’s name and “Rec Runts” should be printed on his/her reusable snack bag/container.
- ◆ A reusable water bottle marked with the camper’s name
- ◆ Bathing suit, towel and water shoes
- ◆ Sunscreen – with a minimum, broad-spectrum SPF #15

T-BALL 2016

Learn the basic fundamentals of baseball (hitting, throwing, catching, fielding and base running).

For: Children Currently in Kindergarten & 1st grade
Available to Residents and Non-Residents
When: Games will begin Saturday, April 16, 2016
Saturday mornings to afternoon; weekday practices
Location: Michael J. Tighe Park T-ball Fields
Fee: \$70.00



Registration Deadline for T-Ball is Friday, March 25, 2016; 4:00 p.m.

Registration after March 24th will be based upon league availability.

A copy of the participant's Birth Certificate is required for all registrations.

SPRING LACROSSE LEAGUE

For: Boys Clinic Grades 1 & 2.
Lacrosse or hockey helmet, lacrosse stick, lacrosse gloves, mouth guard, arm and shoulder pads.
Boys Division III Grades 3 & 4
Boys Division II Grades 5 & 6
Boys Division I Grades 7 & 8
Equipment required: mouth guard, NOCSAE certified lacrosse helmet, lacrosse shoulder pads, lacrosse arm pads, lacrosse stick, lacrosse gloves, athletic supporter with cup.
Girls Clinic Grades 1, 2 & 3
Girls Division II Grades 4, 5 & 6
Girls Division I Grades 7 & 8
Equipment required: mouth guard, girl's lacrosse stick, protective eye goggles

When: Late March—Early June
(March Practices will be on Saturday afternoons and Sunday mornings. April and May practices and games will be on Sundays between 9 a.m. and 2 p.m. with make up games on weeknights.)
Location: Michael J. Tighe Park Lacrosse Fields
Fee: \$ 80.00 Residents \$ 115.00 Non-Residents



Registration Deadline for Spring Lacrosse is Friday, March 25, 2016; 4:00 p.m.



Freehold Township Recreation

FREE Brace Place "Custom" Mouth Guards for Freehold Recreation Athletes!

That's right **FREE**.
Brace Place
Freehold is offering
complimentary
mouth guards
to all Freehold
Recreation athletes.

3 Simple Steps:

1



Call our Freehold office
at **732-333-3865**
to schedule an
appointment for your
custom impression.

2



Have your impression
taken. It is quick and
easy.

**April is National
Facial Protection Month**

3



Stop by the office and
pick up your Brace
Place custom mouth
guard.

Brace Place
COMMUNITY HELP
Program

509 Stillwells Corner Rd, Freehold, NJ 07728
732-333-3865 • www.BPMouthGuards.com

[www.
BRACE
PLACE
.com](http://www.BRACEPLACE.com)

Spring Exercise Classes

OPEN TO RESIDENTS AND NON-RESIDENTS

All Classes need a minimum of 8 participants to run. Please be courteous by registering at least 1 week in advance of the class start date so classes do not have to be postponed or cancelled.

YOGA –Instructor: Cheryl Mauro

Yoga Classes will be held at Michael J. Tighe Park Activity Center.



Tuesday Morning
WHEN: April 19—June 7
 (8 Classes)
FEE: \$48.00
TIME: 9:30 a.m.—10:30 a.m.
 Michael J. Tighe Park Act. Center

Thursday Morning
WHEN: April 21—June 9
 (8 Classes)
FEE: \$48.00
TIME: 9:30 a.m.—10:30 a.m.
 Michael J. Tighe Park Act. Center



PILATES –Instructor: Tracy Matino

Pilates Morning Classes will be held at the Senior Center at 116 Jackson Mills Road.

Pilates is a method of body conditioning through strengthening and stretching exercises. It strengthens and tones muscles, improves posture, provides flexibility and balance, unites body and mind, and creates a more streamlined shape. Participants should bring a mat to every class. Participants may bring an exercise band as well.

Monday Morning
Location Sr. Center
WHEN: April 11—June 13
 (9 Classes)
FEE: \$34.00
TIME: 9:30 a.m.—10:30 a.m.
 (No Class on May 30)

Friday Morning
Location Sr. Center
WHEN: April 15—June 17
 (10 Classes)
FEE: \$60.00
TIME: 9:30 a.m.—10:30 a.m.



Monday Evening
WHEN: April 11 June 13
 (9 Classes)
FEE: \$51.00
TIME: 6:45 p.m.—7:45 p.m.
 Michael J. Tighe Park Act. Center
 (No class on May 30)



**YOU CAN REGISTER ONLINE AT:
 WWW.FREEHOLDTOWNSHIPREC.COM**

Summer Sports Camps

OPEN TO RESIDENTS & NON-RESIDENTS

Bring water bottle!

Freehold Speed & Agility Camp

Bring water bottle!



Freehold Township High School Track



Designed for all seasoned athletes in Grades 5 - 8, High School and College.
Increase your power, strength, endurance and speed thru plyometric and agility drills.

Anything goes in this high paced, 2 hour workout!

Sessions run Monday-Thursday. Rain dates will be made up on Fridays.

Session 1—July 11—July 14, 2016; 9-11 a.m.

Session 2—July 18—July 21, 2016; 9-11 a.m.

Program Fee: \$95.00 per session

Directors: Todd Liebman, Physical Ed. Teacher, Track Head Coach at Marlboro HS.
A.C.E. Personal Trainer

The Jack Tarpey CROSS COUNTRY CAMP

Drills, running form, competing/racing strategy, stretching and injury prevention.
Great way for those running Cross Country in the fall to get to know their teammates,
learn the course they will be racing, and get in shape for the upcoming season.

On the last day there will be a Fun Run with Awards.



Michael J. Tighe Park, Hayley Pavilion

(back of the park pavilion on the right side immediately over the bridge)

Grades 5—8

Tuesdays & Thursdays; August 9—August 25, 2016; 6:00 p.m.—7:30 p.m.

Program Fee: \$65.00 (6 sessions)

Director: Jack Tarpey

Assistant Cross Country Coach at Shore Regional High School, 2013 Central Jersey Group I State Champions
Head Track & Field coach at Manville high School for 2 years, Certified United States Track and field Level I Coach
2007 Middle Atlantic Conference Cross Country Team Champion, 2011 Middle Atlantic Conference Track & Field Champion.



Jersey Intensity Field Hockey Camp



Opatut Park—Route 79 & East Freehold Road (on the soccer fields)

Grades 3—12 (Grouped by grade, ability, position)

Monday, July 11—Thursday, July 14, 2016

5:30 p.m.—8:30 p.m.

Fee: \$165.00

(Participants must have stick, shin and mouth guards)

Director: Kathleen Stefanelli

Former Assistant Coach at Monmouth University (1998-2002),

Four time All-American at Princeton University. Captained the 1996 & 1997 Princeton teams in the NCAA Division I Final Four. Selected to the 1997 under 21 National Team. All American, All-State player at Shore Regional High School. Selected to the 1990's New Jersey Team of the Decade. Her staff consists of former collegiate field hockey players.

Sharp Shooters Basketball Camp

Freehold Twp. High School Gym

Boys & Girls—Grades K—8
Monday, June 27— Friday, July 1, 2016

9:00 a.m.—2:00 p.m.

Program Fee: \$165.00

Director: **Brian Golub**

6—A—North Championships, 1 Shore Conference
Championship, 6X A North Coach of the Year,
2006/07 Shore Conference Coach of the Year
and 300 career wins.



Patriot Pride Basketball Camp

Freehold Twp. High School Gym

Boys & Girls—Grades K—8
Monday, July 11—Friday, July 15, 2016

9:00 a.m.—2:00 p.m.

Program Fee: \$165.00

Director: **John Sciarappa**

Former Head Coach, FTTHS Girls' Varsity Basketball
450+ Varsity wins, 7x Divisional Champions
7x Holiday Tournament Champions,
Inducted into the NJ Coaches Hall of Fame in 2011.

Lou Piccola Baseball Academy

Michael J. Tighe Park Field #4

Monday, July 25—Friday, July 29, 2016

Ages 7-9; 9 a.m.—12 p.m. (half day)

Ages 10-13; 9 a.m.—3 p.m. (full day)

Program Fee: \$115.00 (half day)

\$165.00 (full day)

Director: **Lou Piccola**

Former President of Freehold Twp. Little League
Head Baseball Coach Collegiate League
Former Head Coach, Xavarian HS Varsity Baseball



Patriot Shooters Basketball Camp

Freehold Twp. High School Gym

Boys & Girls—Grades K—8
Monday, July 18—Friday, July 22, 2016

9:00 a.m.—2:00 p.m.

Program Fee: \$165.00

Director: **Brian Golub**

Freehold Twp. High School
Varsity Basketball Coach

Soccer



Camp

DATES:

July 25, 2016 to July 29, 2016
August 15, 2016 to August 19, 2016

LOCATION:

Opatut Park Soccer Fields
(Route 79 & East Freehold Road)

All Players

Receive

Adidas Ball
Adidas T-shirt
Player
Skill Card

Session 1: Mini Kick Camp

Age: 5 to 6 years
Time: 9:00 a.m. - 10:30 a.m.
Cost: \$115

Session 2: Skills Camp

Age: 7 to 14 years
Time: 9:00 a.m. to 12:00 p.m.
Cost: \$180

Session 3: Skills Camp

Age: 7 to 14 years
Time: 9:00 a.m. to 3:00 p.m.
Cost: \$225

Registration for Red Bull Soccer Camp
will **ONLY** be taken online at:
www.redbullsacademy.com

Daddy Daughter
Masquerade Ball



**At the Encore Event Center
Friday, April 8, 2016
7:00 p.m.—10:00 p.m.**

Dress to impress with a mask for this Masquerade themed event.
Dinner, music, dancing and more...

Adults: \$43.00 Children \$37.00
(Professional Photo included)

For more information call the Recreation Office at 732-294-2190.

You can also register online at www.freeholdtownshiprec.com.

Save The Date!

Freehold Township
JULY 9, 2016 *Day*



Freehold Township Senior Center

The Senior Center is located at 116 Jackson Mills Road, Freehold, NJ 07728. Phone #(732) 294-2029.

The Senior Center is open from 9:00 a.m. to 4 p.m., Monday through Friday. For a yearly fee of \$18.00, you can drop by the Senior Center anytime. You do not have to participate in any of the programs to use the facility.

A variety of activities included with your membership fee:

Strong Bones	Canasta
Mah Jongg	Senior Aerobics
Pinochle	Yoga
Line Dancing	Poker/Scrabble
Walking Programs	Arm Chair Exercise Class
Weekly Speakers	Arts & Crafts
Knitting & Crocheting	Zumba
Computer Room	Library
TV Room	Bingo/Movies
Oil Painting	Glass Painting

Not included in your membership fee would be scheduled monthly trips: luncheon show trips, museum trips, casinos, and our monthly social, just to name a few.

Walking Club

For: Ages 55 and over
When: Starting April 15th see calendar
Time: 9:30 a.m.
Location: Freehold Township Senior Center



Walking has become one of the most popular forms of exercise. Come join our walkers on the track adjacent to the Senior Center from mid-April through September (weather permitting) every Monday, Wednesday and Friday. We also walk the Jersey shore boardwalks on Wednesdays during summer months. (Check with the Center on dates and time.)



April 2016

FREEHOLD TWP. SENIOR CENTER

732-294-2029



Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 9:30 Arts & Crafts 10:45 Line Dancing 1:00 Bingo	2
3	4 10:15 Art Class 10:30 Meditation 12:00 Yoga 1:15 Arm Chair	5 9:00 Pinochle 9:30 PARX TRIP 10:00 Knitting & Crocheting 2:00 Strong Bones	6 9:30 Walking Club - Mall 10:00 Aerobics 11:30 Speaker - Lunch & Bingo 12:00 Poker 1:30 Aerobics/Toning	7 10:00 Zumba 12:00 Strong Bones 12:00 Pinochle 1:00 Glass Painting 1:00 Scrabble/Games	8 9:30 Arts & Crafts 10:45 Line Dancing 1:00 Movie -	9
10	11 10:15 Art Class 10:30 Meditation 12:00 Yoga 1:15 Arm Chair	12 9:00 Pinochle 10:00 Knitting & Crocheting 2:00 Strong Bones	13 10:00 Aerobics 11:00 Awards Meeting Red Hats - Colts Neck Inn 12:00 Poker 1:30 Aerobics/Toning	14 10:00 Zumba 12:00 Strong Bones 12:00 Pinochle 1:00 Glass Painting 1:00 Scrabble/Games	15  11:30 Spring Social	16
17	18 10:15 Art Class 10:30 Meditation 12:00 Yoga 1:15 Arm Chair	19 9:00 Pinochle 9:30 Parx Trip 10:00 Knitting & Crocheting 11:00 Speaker - Bingo 2:00 Strong Bones	20 9:30 Walking Club Starts 10:00 Aerobics 11:00 Speaker - Breast Health 12:00 Poker 1:30 Aerobics/Toning	21 9:30 Columbus Mkt. 10:00 Zumba 12:00 Strong Bones 12:00 Pinochle 1:00 Glass Ptg. 1:00 Scrabble/Games	22 9:30 Walking Club 9:30 Arts & Crafts 10:45 Line Dancing 1:00 Bingo Passover Begins Earth Day 	23
24	25 9:30 Walking Club 10:15 Art Class 10:30 Meditation 12:00 Yoga 1:15 Arm Chair	26 9:30 TRIP A/C Sand's 9:00 Pinochle 10:00 Knitting & Crocheting 2:00 Strong Bones	27 9:30 Walking Club Starts 10:00 Aerobics 11:00 Speaker - Elder Law 12:00 Poker 1:30 Aerobics/Toning	28 10:00 Zumba 12:00 Strong Bones 12:00 Pinochle 1:00 Glass Ptg. 1:00 Scrabble/Games	29 9:30 Walking Club 9:30 Arts & Crafts 10:45 Line Dancing 1:00 Movie -	30

IF YOU CANNOT REACH THE SENIOR CENTER AND HAVE A TRUE EMERGENCY YOU CAN CALL #732-294-2193